

Alford Methodist Church Development Working Party

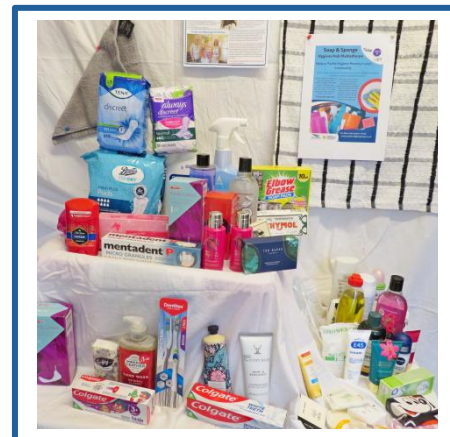
Newsletter August 2026

Soap and Sponge Project

Below: A selection of the items you have collected!



We have been asked to pass on grateful thanks from Sue Padbury, Leader of the Project. Sue was overwhelmed by your generosity when she came to collect our full box. These items will be passed on to those in our community and beyond to anyone who needs help in these challenging times.



A Big Thank You to you all!

If you are aware of a family or individual who could benefit from receiving these items, and many others collected within The Mablethorpe Hub, please let us know and we will ensure they receive this support. The collection project will continue so we shall continue to leave the collection box for any further contributions. Many Thanks from all at Alford Methodist Church.

Booklet List

- Attendance Allowance
- Benefits for carers
- Benefits when you reach state pension age
- Caring for someone
- Choosing where to live
- Coping with bereavement
- Council tax
- Getting help at home
- Help with housing costs
- Hoarding
- Home safety
- Home security
- If you're feeling lonely
- Living well with long-term health conditions
- Managing anxiety and depression
- Moneywise
- Pension credit
- Paying for care at home in England and Wales
- Paying care home fees in England and Wales
- Planning for the end of life
- Renting in later life in England and Wales
- Retirement Housing
- The State Pension
- Scamwise
- Staying in control
- Winterwise



Resource Bank

We are pleased to make available a resource bank of booklets which can offer support on a range of topics. Please feel free to browse them and if you would like your own personal copy, you can obtain one by simply phoning the number on the back. It will be sent to you free of charge.